



Party Activity

The team here at Dinner and a Murder Mystery Games, have researched many home activities for Spa Parties. With the help of SpaIndex.com we have created this Party Activity for you and your guests.

Note to the Host

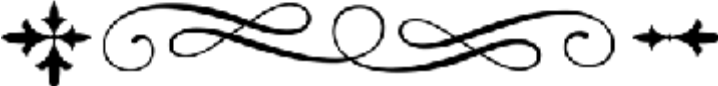

Within in this package you will find 3 wonderful and quick recipes.

You can also print enough copies of the recipies to send home with your guests so they can make more!

We suggest visiting your local dollar store to find platic bottles and/or jars to place the product in before they leave. You can also find really nice gift bags for a great price. Make sure you have enough containers for each guest & each recipe.

If you have purchased our Death By Chocolate Game this would be a great activity to do durring your party or after you have read the solution!

We hope that you and your guests have a great time making these wonderful spa treats!





Apple Skin Toner

This is your ingredient list to make these recipes. Multiply amounts by the number of quests you will have attending.

2/3 cup Witch Hazel
Lavender Essential Oil
Cotton Balls

1/3 cup Apple Cider Vinegar
Bottles

Intended for slightly oily skins, SpaIndex.com has been told by their skincare team, that Apple Toner is an excellent substitute for rubbing alcohol (a real no no, as it actually stimulates the oil glands to produce more oil.)

Combine 2/3 cup witch hazel, 1/3 cup of apple cider vinegar, and several drops of Lavender Essential Oil (or essential oil of your choice). Mix, and add to clean bottle.

Shake bottle well before using, and then dampen a cotton ball or pad saturated with your toner, and swab over face. Witch hazel is a gentle astringent, apple cider vinegar will help restore your skin's natural ph balance, and lavender soothes sensitive skin.

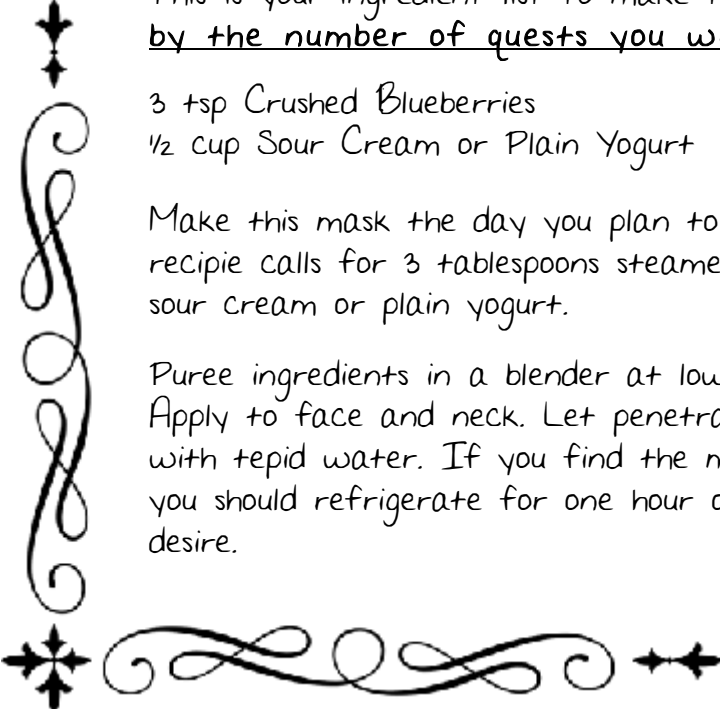
Blueberry Skin Toner

This is your ingredient list to make these recipes. Multiply amounts by the number of quests you will have attending.

3 tsp Crushed Blueberries
1/2 cup Sour Cream or Plain Yogurt

Make this mask the day you plan to use it, and do not store. This recipe calls for 3 tablespoons steamed, crushed blueberries and 1/2 cup sour cream or plain yogurt.

Puree ingredients in a blender at low speed until well mixed and fluffy. Apply to face and neck. Let penetrate for 15 to 20 minutes. Rinse off with tepid water. If you find the mask is too runny after blending, you should refrigerate for one hour or until it is to the consistency you desire.





Rose Water

This is your ingredient list to make these recipes. Multiply amounts by the number of guests you will have attending.

1 cup Rose Petals
1/2 cup of Water

1/2 cup Rubbing Alcohol

Simmer rose petals in water for 10 minutes. Strain. Add alcohol (optional, but acts as a preservative). Keeps in fridge for up to 2 weeks with alcohol, or 1 week without. (Rosewater without a bit of alcohol will quickly develop a residue on its surface. If you don't wish to use rubbing alcohol, you may substitute with Vodka.

